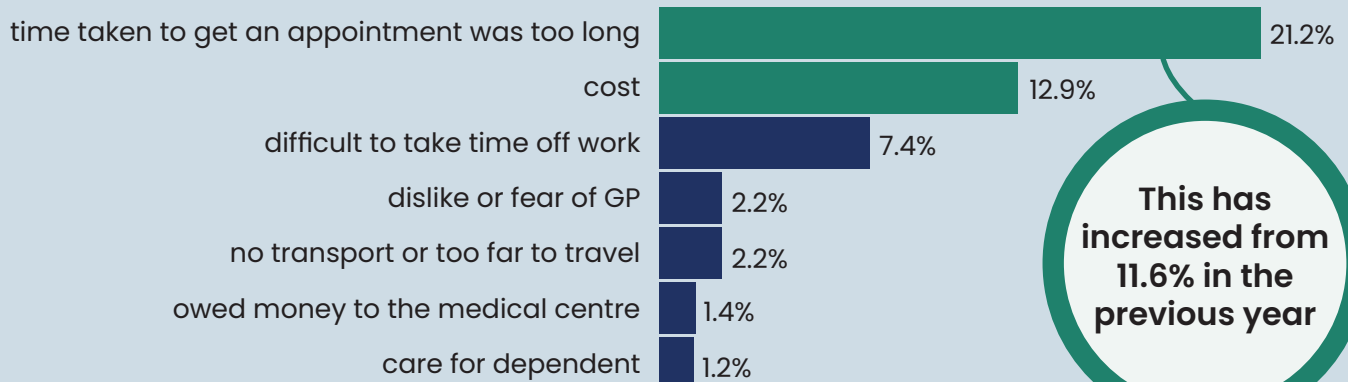


Barriers to visiting a GP for New Zealand adults in 2022/23

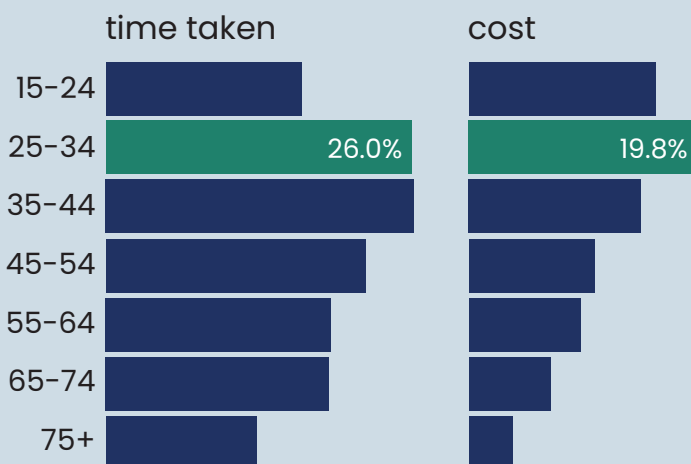


Timely and equitable access to health care is critical to achieving positive health outcomes. The NZ Health Survey is the main source of data on unmet need for primary health care, asking people about the reasons why they haven't visited a GP.

In the last year, **time taken to get an appointment and cost** were the biggest barriers for adults to visit a GP



And in general, these affected **adults aged 25-34 years** the most



Cost was a barrier for **21.4% of disabled adults**, compared to 12.0% of non-disabled adults

And cost was a barrier for **15.1% of women**, compared to 10.5% of men