

TAMAITI NOHINOHI

1-2 ngā tau



KIA AU TE MOE

E MOE

11-14 haora ia rā
Kia kotahi hoki te moe i te rā

**E TĀKARO
TAHI ANA**



Hiko ana
Oma ana
Piki ana

KIA NUI TE NEKE

KIA ITI TE NOHO

TĀKARO
Pāhekoheko, hiko ana, piki



HEI AHA TE
MATA-HIKO

Ko te tukutuku nei he tohu mō te tangata me ōna tini āhua. Ko te 'maunga' he tohu mō te tamaiti, ko ngā 'muka' o roto he tohu mō te whakapapa, whatumanawa, tinana, wairua, wheako anō hoki o te tamaiti. Nō tātou tonu nei - nō ngā mātua, katiaki, tūpuna, whaea, pāpā anō hoki te haepapa nui ki te whatu i aua muka.