## Canterbury, South Canterbury and West Coast disability respite market

Canterbury, South Canterbury, West Coast region at a glance (Life Links NASC region)

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| Number of people receiving DSS support in region | **4,794** |
| Number of people allocated respite in region (includes Carer Support) | **2,572** |
| % people allocated respite who are Māori | **14%** |
| % people with respite allocation aged 21 years or under | **69%** |

## Current respite allocations

* 123 people are allocated facility-based respite (32% are aged 21 years or less). The total annal value of the facility-based respite allocation in the region is currently $1.9 million.
* 149 people are allocated in-home respite, at a total value of approx. $1 million.
* 2,472 people are allocated Carer Support, at a total value of around $6.9 million per year.
* 302 people in the region use IF Respite at a value of $2.8 million.

## Current respite options available

### Overnight respite options

* A dedicated five-bed, facility-based respite service for children operates in Christchurch. This facility also has seven dedicated respite beds for adults. Occupancy is around 90%.
* A dedicated three-bed respite house for children and young people currently operates in school holidays and weekends in Christchurch. This service has recently changed provider.
* Limited overnight respite is sometimes available with two small private organisations.
* There are three overnight respite options in Christchurch for adults with physical disabilities or neurological conditions.
* Eight community residential providers in Christchurch and one in the West Coast offer a respite bed in established community homes for people with intellectual disabilities. Availability of these beds depends on vacancies in the homes.
* There is a holiday home on the West Coast where people can take a break with a support person.
* There are 30 contracted aged care facilities that can support adults with disabilities for respite across the region. Aged care facilities are the only overnight respite options for people in South Canterbury. There are 40 adults aged 32 to 64 years allocated aged care facilities for respite.

### Daytime respite options

* There are around 32 services that offer weekday activity options for adults. These include community participation programmes, employment-related activities, business enterprises and day services.
* There is one disability-specific out-of-school care programme in Kaiapoi. Many mainstream out-of-school care programmes operate, including five in Christchurch, that we are aware of, that have recent experience in supporting children with disabilities.
* There are a number of sporting, social and recreational options available in Canterbury. These include day trips, tours and holidays for adults. A range of organisations run social, recreational and sporting options including daytime and evening activities, outdoor education, and dance and performance options.
* Sporting options include Riding for the Disabled, swimming lessons, Boccia, Halberg Allsports, Parafed and Special Olympics.

## Gaps in the Canterbury, South Canterbury, West Coast respite market

* There are few respite options of all kinds for children and adults in the West Coast and South Canterbury.
* Consideration could be given to additional facility-based respite for children and adults with intellectual disabilities in Canterbury.
* There is a shortage of support workers in the West Coast and South Canterbury.