## Hutt Valley disability respite market

Hutt Valley at a glance (L.I.F.E Unlimited NASC region)

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| Number of people receiving DSS support in region | **1,154** |
| Number of people allocated respite in region (includes Carer Support) | **592** |
| % people allocated respite who are Māori | **17%** |
| % people with respite allocation aged 21 years or under | **68%** |

## Current respite allocations

* 79 people are allocated facility-based respite (71% are aged 21 years or less). The total annual value of the facility-based respite allocation in the Hutt is currently $711,000.
* 100 people are currently allocated contracted in-home respite, at a total value of approx. $660,000 per year.
* 532 people are allocated Carer Support, at a total value of around $1.5 million per year.
* 19 people in the Hutt region use IF Respite at a value of $127,000.

## Current respite options available

### Overnight respite options

* There is one dedicated facility-based respite services for children and young adults aged five to 21 in Lower Hutt. This services is rebuilding its client base after transferring to a new provider. A host-family respite option also operates in Lower Hutt.
* A private family-based respite option for children and young people is funded by Carer Support and community grants.
* There is one disability-specific overnight respite option for adults with physical disabilities in Lower Hutt. This service has around 80% occupancy. People may also access respite services suitable for adults with physical disabilities in the Wairarapa (Greytown) and in Wellington (Karori).
* Several respite beds may be available in a range of community residential houses in the Hutt Valley.
* There are around five contracted aged care facilities who can support adults with disabilities for respite.

### Daytime respite options

* There are around six services that offer weekday activity options for adults. These include community participation programmes, employment-related programmes and day services.
* There are currently no disability-specific out-of-school care programmes. Mainstream out-of-school care programmes operate.
* Sporting options include Riding for the Disabled, a swim school that caters for children with special needs, Parafed, Halberg Allsports and Special Olympics.
* Two organisations offer drama classes/productions for people with disabilities in Wellington. We have been unable to identify any other social or recreational options available in the region for children or adults.

## Gaps in the Hutt Valley respite market

* Consideration of additional facility-based respite options would need to consider demand across the entire Hutt/Wellington/Kāpiti region. There may be scope for disability-specific respite services for adults with intellectual disability.
* Scope exists to develop disability-accessible out-of-school care options, and social, recreational or sporting options for children and adults across the region.
* There is unmet demand for community participation/ daytime activities for adults.