## Mid-Central disability respite market

Mid-Central at a glance (Enable New Zealand NASC region)

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| Number of people receiving DSS support in region | **1,569** |
| Number of people allocated respite in region (includes Carer Support) | **674** |
| % people allocated respite who are Māori | **23%** |
| % people with respite allocation aged 21 years or under | **64%** |

Note: The Mid-Central region will start disability system transformation from October 2018.

## Current respite allocations

* 36 people are allocated facility-based respite (25% are aged 21 years or less). The total annual value of the facility-based respite allocation in Mid-Central region is currently $225,000.
* 66 people are currently allocated contracted in-home respite, at a total value of approx. $452,000 per year.
* 640 people are allocated Carer Support, at a total value of around $1.6 million per year.
* 71 people in Mid-Central use IF Respite at a value of $630,000.
* 10 people have been using other respite funding at a value of $25,000.

## Current respite options available

### Overnight respite options

* There is one dedicated facility-based respite service for children aged 5 to 21 in Palmerston North. This service is also used by children and young people with disabilities from Whanganui and on referral from the Ministry for Children, Oranga Tamariki. This service is currently rebuilding its client base after transitioning to a new provider.
* There are no dedicated respite houses for adults in Mid-Central. A few community residential providers may offer respite for adults.
* There are 19 contracted aged care facilities who can support adults with disabilities for respite. There are 15 adults with disabilities aged between 24 and 63 years who are using aged care facilities for respite on a regular basis.

### Daytime respite options

* There are around eight services that offer weekday activity options for adults. These include community participation programmes, employment related activities and day services.
* There are currently no disability-specific out-of-school care programmes. Mainstream out-of-school care programmes operate, including two that we are aware of that have recent experience in supporting children with disabilities.
* Sporting options include Riding for the Disabled, Boccia, Halberg Allsports, Special Olympics and Parafed.
* There is one art programme that operates on a Tuesday morning for adults.
* A Lego programme operates for children with autism.
* We have been unable to identify if any other social or recreational options are available in the region for children or adults.

## Gaps in the Mid-Central respite market

* Scope exists to develop disability-accessible out-of-school care options, and social, recreational or sporting options for children and adults across the region.
* Consideration could be given to the need for disability-specific, facility-based respite options for adults that are age appropriate.