# Southern disability respite market

Southern region at a glance (Access Ability Otago NASC region)

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| Number of people receiving DSS support in region | **2,665** |
| Number of people allocated respite in region (includes Carer Support) | **1,134** |
| % people allocated respite who are Māori | **12%** |
| % people with respite allocation aged 21 years or under | **70%** |

## Current respite allocations

* 51 people are allocated facility-based respite. At the time of writing, all are adults. The total annual value of the facility-based respite allocation in the region is currently $319,000.
* 92 people are currently allocated contracted in-home respite, at a total value of approx. $428,000.
* 1,075 people are allocated Carer Support, at a total value of around $2.4 million per year.
* 23 people in the region use IF Respite at a value of $109,000.

## Current respite options available

### Overnight respite options

* There is one dedicated facility-based respite services for children in Dunedin. This service is rebuilding its client base since changing provider.
* A house in Dunedin is available to use for overnight respite with their own support person. This is funded through Carer Support and IF.
* Several options for overnight respite for adults in community residential facilities are available in Dunedin, Alexandra and Invercargill.
* There are eight contracted aged care facilities who can support adults with disabilities for respite across the region (Dunedin, Mosgeil, Invercargill and Gore).

### Daytime respite options

* There are around 10 services that offer weekday activity options for adults. These include community participation programmes, employment-related activities and day services.
* There is one disability-specific out-of-school care programme in Dunedin which is funded through IF. Many mainstream out-of-school care programmes operate, including three that we are aware of, that have recent experience in supporting children with disabilities.
* There are several mainstream holiday camps that operate in the school holidays and have recent experience in supporting children and young people with disabilities.
* One organisation runs tours and holidays for adults.
* Sporting options include Riding for the Disabled, gymnastics, swimming lessons, Boccia, Halberg Allsports, Parafed and Special Olympics.

## Gaps in the Southern respite market

* There are limited age appropriate facility-based respite options for children and adults.
* There are few social and recreational options available in the Southern region for children and adults with disabilities.