

Appendix B: Progress made so far

CABINET PAPER: *Kia Manawanui Aotearoa: Long-term pathway to mental wellbeing*

IN CONFIDENCE

Initiative	Description	Achievements in the first two years (as at 31 May 2021)	Funding allocated (\$m)					Funding allocated across 2019/20 and 2020/21 (\$m)	Funding committed in contract as at 31 May 2021 (\$m)	Funding spent as at 31 May 2021 (\$m)
			19/20	20/21	21/22	22/23	Total	19/20-20/21	19/20-20/21	19/20-20/21
Budget 2019 - Expanding access and choice of primary mental health and addiction support										
Service delivery	Service delivery in a range of settings including general practices and kaupapa Māori, Pacific and youth-specific settings	<p>Integrated primary mental health and addiction services accessed via general practice</p> <ul style="list-style-type: none"> - Available in 218 sites across 16 district health board (DHB) areas. - Covering an enrolled population of around 1.4 million people. - Over 395 full-time equivalent (FTE) contracted to provide services. - Over 135,000 sessions delivered with around 11,000 people seen during May 2021. <p>Kaupapa Māori, Pacific and youth-specific services</p> <ul style="list-style-type: none"> - Used an innovative, more responsive procurement process resulting in contracts in place for seven kaupapa Māori services, with 58.8 contracted FTEs and over 500 sessions delivered. - Contracts in place for nine Pacific services in seven DHB areas with 46.9 contracted FTEs and over 5,000 sessions delivered. - 17 contracted youth services across 15 DHB areas and including a national service with 71.8 contracted FTEs and over 10,000 sessions delivered. <p>Rainbow mental wellbeing</p> <ul style="list-style-type: none"> - Topped up the Rainbow Wellbeing Legacy Fund by \$800,000 over the next four years. - In the final stages of the procurement process for mental wellbeing supports for Rainbow young people. 	48.138	97.217	133.630	176.089	455.074	145.355	112.158	90.667
			25.000	70.781	101.250	141.875	338.906	95.781	81.552	65.295
Workforce development	Workforce development investment to grow and upskill existing workforces and develop new workforces	<ul style="list-style-type: none"> - 102 additional New Entry to Specialist (NESP) places each year for nurses, social workers and occupational therapists to enter the mental health and addiction workforce. - New programme to support Nurse Practitioners and Enrolled Nurses with a substantive mental health and addiction role into employment with health providers. - Eight additional clinical psychology internships each year. - 72 new training places for post-graduate study in specialist practice areas, including in leadership, cognitive behavioural therapy, and infant, child and adolescent mental health and addiction. - 200 additional places for registered nurses to undertake credentialing in mental health and addiction in 2021. - 46 new bursaries for Māori mental health and addiction students. - 30 new Pacific mental health and addiction scholarships. - Over 800 additional places available each year in cultural competency programmes. - Introduced development and training for Health Coaches and Health Improvement Practitioners to deliver integrated primary mental health and addiction services. - Provider contracted to deliver Rainbow competence training for the general mental health and addiction workforce. 	13.888	18.186	22.330	22.664	77.067	32.074	22.503	19.422
Enablers	Enablers funding including for engagement and collaborative design, implementation support and Ministry of Health capacity and capability	<ul style="list-style-type: none"> - 12 hui with Māori, collectively attended by over 700 whānau to inform the core components of new services. - 14 Pacific fono to inform the core components of new services. - 5 regional roadshows to discuss the mental health and addiction transformation and investment programmes. - Procured an external evaluation of integrated primary mental health and addiction services in general practice settings. - Established Te Whāriki o te Ara Oranga (Whāriki), a knowledge exchange network to enable leaders to share learning and transform services. - Resourced all 20 DHBs to lead additional collaborative design of local service delivery and to implement change. 	9.250	8.250	10.050	11.550	39.100	17.500	8.102	5.950
Budget 2019 - Other primary and community mental health and addiction initiatives										
Expanding telehealth and digital supports for mental wellbeing	Increasing people's access to mental health and addiction support over the phone and online through an expansion of telehealth and digital supports	<ul style="list-style-type: none"> - Uplift of 58,000 telehealth contact volumes per annum. - Provided capacity for an additional 34,473 telehealth contacts for the period up to 30 June 2021 through COVID-19 psychosocial investment. - Establishment of a peer support warmline through COVID-19 psychosocial investment. - Funded Te Hīringa Hauora to procure, deliver and promote digital microtools that include positive thinking tools (such as mindfulness), positive lifestyle tools (such as healthy eating, sleep and physical activity) and problem-solving tools. - In the final stages of procurement for whole-of-population digital wellbeing tools for adults and youth. 	5.200	5.200	5.200	5.200	20.800	10.400	5.198	4.638
Well Child Tamariki Ora Enhanced Support Pilots	Pilot to develop, test and evaluate enhanced support for parents with mental wellbeing support needs and their whānau during pregnancy, the first two years of a child's life or following a stillbirth	<ul style="list-style-type: none"> - Contracts in place to pilot services in three DHBs (Lakes, Counties Manukau and Tairāwhiti). The services in Lakes and Counties Manukau have been established, with services in Tairāwhiti commencing in 2021/22. - Expected to be available to up to 40-60 families per DHB over three years, with 44 families currently enrolled in the services in Lakes and Counties Manukau. 	0.550	3.100	3.100	3.250	10.000	3.650	1.625	1.433
Promoting wellbeing in primary and intermediate schools	Making resilience-building resources available to primary and intermediate schools and teachers across the country	<ul style="list-style-type: none"> - This initiative was put on hold as joint work between the Ministries of Health and Education was delayed due to COVID-19 and the changes in alert levels that resulted in children being schooled at home. As an alternative to the school-based programme, the Ministry of Health invested funding from the \$15 million psychosocial response package in the Sparklers at Home toolkit, which helps parents and whānau support the wellbeing of primary and intermediate school-aged children at home. - As at 30 June 2021, a contract is in place for the delivery of Sparklers, a free, online toolkit of mental health and wellbeing resources designed for use in the classroom with students in Years 1-8. 	1.000	0.400	0.400	0.400	2.200	1.400	0.000	0.000
Expanding and enhancing School Based Health Services (SBHS)	Enhancing SBHS (nurses in schools) in decile 1-4 schools and expanding to decile 5 schools	<ul style="list-style-type: none"> - Completed expansion to all decile 5 schools. SBHS are now available to approximately 296 schools (decile 1-5 secondary schools, teen parent units and alternative education sites). - Available to approximately 96,000 students. - Received recommendations from Te Tatau Kitenga, the youth health sector advisory group on enhanced SBHS. 	5.232	4.771	4.871	4.726	19.600	10.003	8.451	8.401
Support for Christchurch: Continuation of Funding for Primary Care and Community-Based Mental Health Workers	Continuation of the time-limited support established following the earthquakes to provide ongoing support for the 15 March 2019 terror attacks	<ul style="list-style-type: none"> - Over 2,100 free GP consultations provided for people affected by the terrorist attack. - Increased capability and capacity of specialist mental health and addiction services through workforce development in cultural competencies and trauma work. - Additional workers to support people with anxiety disorders and outreach psychology for children and youth. 	5.480	-	-	-	5.480	5.480	5.480	5.480

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IN CONFIDENCE

Initiative	Description	Achievements in the first two years (as at 31 May 2021)
Budget 2019 - Specialist, forensic and crisis mental health and addiction initiatives		
DHB mental health and addiction ringfence	Uplift to DHB funding ringfenced for specialist mental health and addiction services	- Provided an uplift to DHB funding ringfenced for specialist mental health and addiction services to maintain service delivery for their areas.
Forensic mental health services for adults	Enhancing forensic services for adults, including additional FTE and training courses and wrap-around support for staff	- Increased community-based services adult forensic FTEs by 19 FTE. These FTE are primarily being used to support new or additional community-based intensive recovery beds ('forensic step-down beds'). - Providing training courses and wrap-around support for up to 30 staff per year. There are currently 24 participants undertaking the Post Graduate Certificate in Specialty Care (endorsed in Forensic Practice) at Whitireia New Zealand in 2021. - Improved provision of forensic prison in-reach services in Canterbury, Capital and Coast, Southern, Waikato and Waitematā DHB areas.
Forensic mental health services for young people	Enhancing forensic services for young people, including additional FTE and training courses and wrap-around support for staff	- Increased capacity of community-based youth forensic services, with 29.3 community FTEs currently in place across the five forensic regional services. - Providing training courses and wrap-around support for up to 23 youth forensic staff per year. There are currently 13 participants undertaking the Post Graduate Youth Forensic Psychiatry course at Auckland University in 2021.
Improving support for people experiencing a mental health crisis	Enhancing crisis response services across all 20 DHBs with a focus on emergency departments and community alternatives	- 20 DHBs have recruited a total of 10.7 FTE to improve support for people presenting to emergency departments or other locations in crisis. - DHBs are developing capability and service development plans for emergency department crisis services. - Established Te Tāwharau, a mental health crisis support pilot in Hawkes Bay.
Budget 2019 - Addiction initiatives		
Enhancing primary addiction responses	Expanding the range of primary support available to people with mild to moderate alcohol and other drug (AOD) issues	- Provided sustainable funding for existing AOD family and whānau peer support service in Taranaki (Families Overcoming Addiction). From January 2021 to March 2021, the New Plymouth service had 117 group session attendees and held 80 individual support sessions. - Enabled the continuation of the Haven Recovery Café run by Odyssey House in Auckland for people with AOD needs. Since it was funded in May 2020, Haven has been consistently receiving around 600 drop-ins each weekend (some individuals visit multiple times in one weekend). - Put in place contracts for new community AOD services in Capital and Coast and Hutt Valley districts to provide enhanced primary and community supports for people experiencing substance-related harm and a primary AOD initiative in Counties Manukau DHB (integrated as part of Expanding Access and Choice). - Procurement is underway for primary AOD initiatives in Counties Manukau and South Canterbury DHBs.
Enhancing the quality and capacity of specialist AOD services	Improving the sustainability of AOD services, with a focus on residential care, managed withdrawal (detox) and continuing care	- Improved the sustainability of Ministry of Health-funded residential services and enabled sustainability and increased service provision in non-governmental organisation services. - Provided sustainable funding for four additional beds at Napier's Springhill Residential Addiction Centre. - Established a new managed withdrawal home and community service, as well as peer support before and after residential care, in Tairāwhiti DHB. - Established a co-ordinated network of withdrawal management services throughout the South Island. This comprises of 4.5 FTE Withdrawal Management Nurses and a 0.5 FTE Regional Co-ordinator position. - Established a new managed withdrawal home and community service, as well as peer support, in Rotorua and Taupō. - Increased the AOD FTE capacity of specialist AOD services in Bay of Plenty, Waikato and Taranaki DHBs.
Te Ara Oranga – continuing the methamphetamine harm reduction programme in Northland	Continuing the successful joint initiative between Northland DHB and Police to reduce harm from methamphetamine	- Over 1,400 people and whānau have been supported by Te Ara Oranga between 1 July 2019 and 31 May 2021.
Intensive parenting support – Expanding the Pregnancy and Parenting Service (PPS)	Expanding PPS, an intensive outreach service for parents experiencing problems with AOD, to two additional sites	- Established the Pregnancy and Parenting Service in Eastern Bay of Plenty and Whanganui. - Expected to support around 100 women and their whānau per site per year.
Budget 2019 - Suicide prevention		
Preventing suicide and supporting people bereaved by suicide	Expanding and improving suicide prevention efforts and improving responses to the needs of people bereaved by suicide	- Established a national bereaved by suicide response service, Aoake te Rā. Online services are available nationally, and there are over 60 providers across 13 DHB areas available to provide face-to-face services. Since online services commenced in March 2020, over 200 referrals have been made and over 400 sessions have been provided. - 74 Māori initiatives have been funded through the Māori Suicide Prevention Community Fund. - 18 Pacific initiatives have been funded through the Pacific Suicide Prevention Community Fund. - Enhanced the suicide prevention information service for whānau. - Held a roundtable with media focused on encouraging responsible reporting and updating media guidelines for reporting on suicide. - All 20 DHBs were provided funding for dedicated suicide postvention capacity to support whānau, families and communities bereaved by suicide. - Reviewed the regional and community suicide prevention landscape. This is informing decisions about how the suicide prevention sector and community-based workforce can best be structured. - Reviewed the Coronial Suspected Suicide Data Sharing Service, and working to implement its recommendations.
Budget 2019 - Establishing a new Mental Health and Wellbeing Commission		
Establishing a new Mental Health and Wellbeing Commission	Funding to establish the Mental Health and Wellbeing Commission	- Established an Initial Commission which began operating in November 2019. - Passed legislation to establish a Permanent Commission as an independent Crown entity in June 2020. - Established and opened the Permanent Commission which began operating in February 2021.
Total: Vote Health Budget 2019 initiatives (excluding capital)		
Capital investment in mental health and addiction facilities	Funding for five projects to upgrade current mental health and addiction facilities and add capacity by building new facilities	- Identified five projects with a combined value of \$233.8 million to upgrade mental health and addiction facilities and build new facilities, across five different districts: Waikato DHB, MidCentral DHB, Tairāwhiti DHB, Waitematā DHB and Lakes DHB. - Four projects (MidCentral, Lakes, Waitematā and Tairāwhiti DHB) are at the post-approval design and planning phase of building new facilities, while the Waikato DHB project is at the detailed business case stage. - As at the end of May 2021, \$0.541 million of the \$233.8 million committed to these projects has been drawn down from the Ministry.
Budget 2020 - Wellbeing supports for tertiary students		
Wellbeing supports for tertiary students	Rollout of primary mental health and addiction supports for tertiary students	- Put in place a contract between the Ministry of Health and Te Pūkenga with a value of \$3.2 million for the period from 19 April 2021 to 20 December 2022. - Engaged with wānanga on the expansion of mental health and wellbeing supports for their students.

Funding allocated (\$m)					Funding allocated across 2019/20 and 2020/21 (\$m)	Funding committed in contract as at 31 May 2021 (\$m)	Funding spent as at 31 May 2021 (\$m)
19/20	20/21	21/22	22/23	Total	19/20-20/21	19/20-20/21	19/20-20/21
53.272	53.272	53.272	53.272	213.088	106.544	106.544	102.105
1.770	3.430	4.410	5.390	15.000	5.200	4.884	4.332
2.420	3.960	5.470	7.150	19.000	6.380	6.200	5.323
2.000	2.000	2.000	2.000	8.000	4.000	3.500	2.880
2.000	3.000	4.000	5.000	14.000	5.000	2.627	2.081
10.500	10.500	10.500	10.500	42.000	21.000	18.878	14.758
1.000	1.000	1.000	1.000	4.000	2.000	2.000	1.750
1.000	2.000	2.000	2.000	7.000	3.000	2.956	2.956
10.100	10.000	9.950	9.950	40.000	20.100	10.190	8.864
2.000	2.000	2.000	2.000	8.000	4.000	4.000	3.833
151.662	201.850	241.803	287.927	883.242	353.512	294.690	259.502
N/A	N/A	N/A	N/A	235.000	N/A	N/A	N/A
N/A	2.000	5.000	8.000	15.000	2.000	1.740	1.740