

Ō Tika

I raro i te Mental Health (Compulsory Assessment and Treatment) Act 1992

Ākuhata 2019

He tika tōu kia āta manaakitia koe hei tangata whai mana

- He tika ōu kia tino whakamōhiotia mō tō tūnga i raro i te ture me ngā āhuatanga o tōu aromatawaitanga, taurimatanga, me ō arotakenga katoa.
- He tika ōu kia tirohia tō noho e tētahi Tiati, e tētahi Rūnanga Arotake rānei, kei te āhua tonu o tō tūnga i raro i te Ture. Ka āhei hoki koe ki te kimi i tētahi uiuinga kaiwhakawā.
- He tika ōu kia manaakitia tōu tuakiri ahurea me tō whakaponono whaiaro e te tangata kē. Ka āhei koe te haere tahi mai me tētahi tangata mōhio ki te kōrero i tōu reo, tētahi tāngata nā tō whānau, tētahi hoa, kaitautoko rānei, ki tō aromatawainga, arotakenga rānei.
- He tika ōu kia whiwhi ki ngā manaakitanga tākuta, hauora hoki e hāngai ana ki tōu mate. Me whakamōhio te tangata i a koe mō ngā hua me ngā tūpono raruraru tērā pea ka pā i te taurimatanga i a koe, i mua i te tīmatanga.
- He tika ōu kia whakakāhore atu i te tangohanga, i te whakamahinga rānei o tētahi hopukanga ā-ataata, ā-puoro rānei o tōu taurimatanga.
- He tika ōu kia kimihia ngā whakaaro o tētahi rata mate hinengaro mana motuhake.
- He tika ōu ki te tono ki tētahi rōia kia tohutohu mai mō ōu tika me tōu tūnga hei tūroro, mō tētahi atu take rānei, ahakoa he aha.
- He tika ōu kia huihui tahi atu ki te tangata kē. Heoi anō nei te āhuatanga e tika ai te whakatiki i te tangata, hei tiaki hei taurima rānei i a koe, hei tiaki rānei i te tangata kē.
- He tika ōu kia torongia mai koe e ō manuhiri, kia whakamahi koe i te waea, i ngā wā e mōhiotia ana he wā papai mō te waea. He tika ōu kia tono i te reta, kia tae atu hoki he reta ki a koe, kia kaua e haea te pūkoro. Ko tō rata taurima i a koe anake te tangata ka āhei te aukati i ēnei tika, engari me mātua whai take motuhake.

Ka pēhea rawa te roa o te pānga o tēnei Ture ki ahau?

- Ko te roa o te wā aromatawainga tuatahi tae atu ki ngā rā e 5.
- Ki te hiahia koe ki ētahi atu aromatawaitanga, taurimatanga rānei, ko te aromatawainga tuarua ka eke ki te 14 rā.
- Mehemea kāore anō koe kia pai mō te tuku, ka tono anō ki te kōti mō tētahi whakahau taurima tino whai mana.
- Me arotake ngā whakahau taurima tino whai mana ia 6 marama i te iti iho.

Ka āhei au te whakakāhore atu i ngā rongoā?

- I roto i te wā aromatawai tuatahi (5 rā) me te wā tuarua (14 rā) me te wā aromatawai o muri, tae atu ki te marama kotahi i muri i te putanga o tētahi whakahau taurima tino whai mana, ka āhei te tangata te whakahau kia whāngaia koe ki te rongoā, ahakoa kāore koe e whakaae.
- I muri i tērā, me mātua whakaae koe ki ngā taurimatanga. Ki te kore koe e whakaae, heoi anō nei te āhuatanga e tika ai te taurima i a koe, kia puta te kī tūturu a tētahi rata mate hinengaro tuarua he tino painga mōu i roto i ngā taurimatanga.

Ka āhei au te matapaki i ōku tika ki a wai?

He tika ōu kia āwhinatia koe ki te kore koe e pai ki ngā tikanga taurima i a koe, me he pātai ōu rānei mō ōu tika.

Inoi atu ki ngā kaimahi kia āwhinatia koe kia whakapā atu ki tētahi o ēnei:

- Tētahi kaitiro tiro ā-takiwā (he rōia e mōhio ana ki te tūhura i ngā whakapae, he mōhio ki te tohutohu mō ō tika, kāore he utu ki a koe).
- Tōu ake rōia (ki te kore koe e whai rōia, mā ngā kaimahi, mā te kaitiro tiro ā-takiwā e tohu mai tētahi ki a koe). Ki te kore e taea tētahi rōia te utu, ka taea pea e te pūtea āwhina ture te hora moni mai.
- Te Tari o te Toihau Hauora, Hauātanga (ka āhei te tari o te Toihau te tohutohu mō ō tika, ka taea hoki e ia te uiui i ngā whakapae).
- He kaitautoko tūroro (he tāngata ēnei he kaingākau ki ngā tika o te tūroro).



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