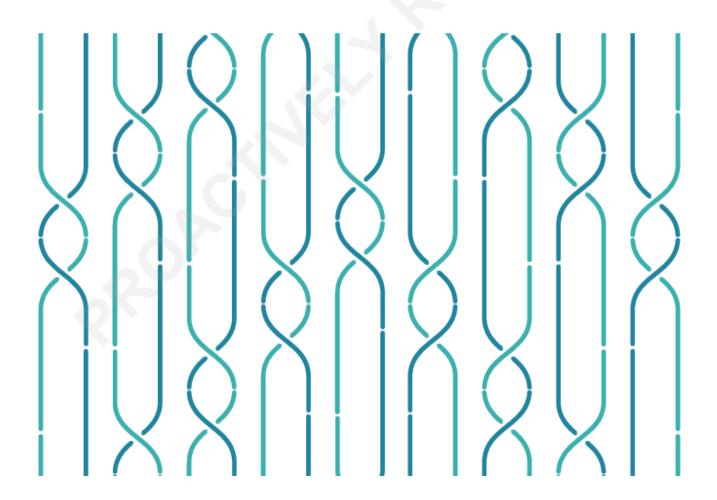




# COVID-19 TRENDS AND INSIGHTS REPORT

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## **Purpose of report**

This report comments on trends in the New Zealand COVID-19 outbreak, including cases, hospitalisations and mortality. It also comments on international COVID-19 trends and the latest scientific insights related to outbreak management. The report relies on data that may be subject to change or are incomplete. An unknown proportion of infections are not reported as cases, this proportion may differ by characteristics such as ethnicity or deprivation group. Therefore, any differences in reported case rates must be interpreted with caution.



## **Executive summary**

Overall, all the key measures (levels of viral RNA in wastewater, reported case rates, hospital admission rates and mortality) used to monitor the COVID-19 epidemic have declined in the last two months. Trends are tracking to levels last seen in late February 2022. In the most recent 2 weeks, wastewater RNA levels and reported case rates have stabilised, hospital admission rates and mortality counts have continued to decrease.

BA.5 is the dominant subvariant accounting for an estimated 91% of cases; this is consistent with wastewater findings. In the two weeks ending 16 September, variants BA.5, BA.4, BA.4.6 and BA.2 (including BA.2.75 and BA.2.75.2) were detected in community samples. While we may see one of these sub-variants slowly predominate over the next few months, they are not expected to cause a distinct wave.

Over the next couple of weeks, it is probable that cases, hospitalisations and mortality will continue to stabilise or slightly increase. As immunity decreases over time or if a substantially more transmissible variant emerges, incidence of infection may increase in the future.



## **Key insights**

### **National Trends**

Cases	The 7-day rolling average of reported case rates was 28.1 per 100,000 population for the week ending 25 September. This was a 4.5% increase from the previous week, which was 26.9 per 100,000.						
Wastewater	Wastewater quantification indicates a slight decrease in the past week.						
Hospitalisations	The COVID-19 hospital admissions rate has been decreasing since the mid-July 7-day rolling average peak of 2.5 per 100,000, to a 7-day rolling average of 0.6 per 100,000 for the week ending 18 September.						
Mortality	As of 25 September, there were 1,979 deaths attributed to COVID-19 in 2022. The weekly number of deaths attributed to COVID-19 has continued to decrease.						
Variants of Concern	BA.5 makes up 91% of sequenced community cases seen in two weeks (03 September to 16 September), followed by BA.4.6 (3% of cases), BA.4 (3% of cases) and BA.2 (2% of cases).						

### Māori

Cases	The 7-day rolling average of reported case rates was 20.9 per 100,000 population on 25 September, lower than for European or Other, however there may be case ascertainment biases.
Hospitalisations	The age-standardised Māori cumulative hospitalisation rate for COVID-19 is 2.1 times higher than European or Other.
Mortality	The age-standardised cumulative mortality rate for Māori is 2.0 times higher than European or Other

## **Pacific peoples**

Cases	The 7-day rolling average of reported case rates was 19.5 per 100,000 population on 25 September; there is likely ascertainment bias, but also to note that this rate is not age adjusted.
Hospitalisations	Pacific peoples have the highest cumulative rate of hospitalisation with COVID-19 which is approximately 2.8 times higher than European or Other.
Mortality	Pacific peoples have the highest age-standardised cumulative mortality risk of any ethnicity, 2.5 times that of European or Other.

### **International Insights**

Globally, in the week ending 25 September, the number of new weekly cases decreased as compared to the previous week, with over 3.0 million new cases reported. The number of new weekly deaths decreased by 18% compared to the previous week, with over 8,900 fatalities reported.

Globally, between 26 August to 26 September 2022, 106,735 SARS-CoV-2 sequences were submitted to GISAID, with Omicron accounting for 99.9% of sequences.



# National summary of epidemic trends

### Case trends

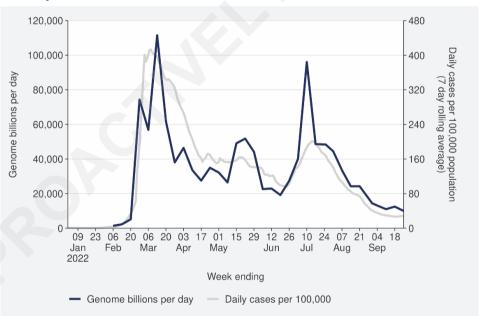
All evidence continues to support stabilisation in incidence in the community: reported<sup>1</sup> case rates and levels of viral ribonucleic acid (RNA) in wastewater have been declining since 10 July but both measures have been relatively constant in the recent weeks to 25 September (**Figure 1**).

Modelling scenarios that account for changes in masking and contact quarantine on 12 September and assume no new variants, indicate case rates are expected to remain stable or slightly increase in the coming months (see **Figure 2**)<sup>2</sup>.

The general population reported case rate for the week ending 25 September was 28.1 per 100,000, a 4.5% increase from the previous weeks 26.9 per 100,000. The trend was similar for all regions (see **Figure 3: Regional reported case rates from January to 25 September 2022Figure 3**) and age groups (see **Figure 4**).

**Table 1** in the appendix provides information on specific rates.

Figure 1: National wastewater trends (SARS-CoV-2 genome copies)<sup>3</sup> compared with reported cases



Sources: ESR SARS-CoV-2 in wastewater update for week ending 25 September 2022 and NCTS/EpiSurv as at 2359hrs 25 September 2022

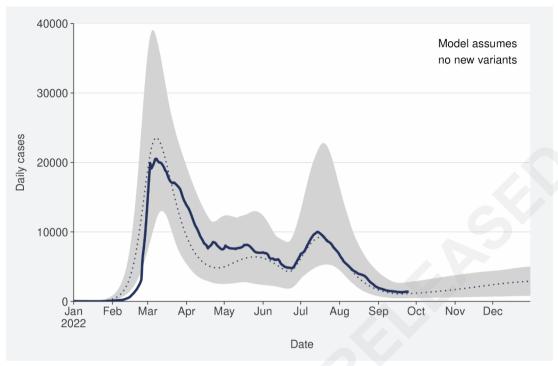
<sup>&</sup>lt;sup>3</sup> Wastewater levels cannot be used to predict numbers of cases but does indicate trends in the infection rates



<sup>&</sup>lt;sup>1</sup> Since 24 February 2022, most testing has been through self-administered rapid antigen tests (RATs) which require self-reporting of results. Therefore, it is likely that many infections are not detected or reported, and the proportion of infections reported ('reported cases') may differ by age, ethnicity and deprivation.

<sup>&</sup>lt;sup>2</sup> See the online glossary for modelling assumptions.

Figure 2: COVID-19 Modelling Aotearoa scenarios<sup>4</sup> compared with national reported case numbers



Sources: COVID-19 Modelling Aotearoa, ordinary differential equation model, September 2022, and NCTS/EpiSurv as at 2359hrs 25 September 2022

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<sup>&</sup>lt;sup>4</sup> The 'July' BA.5 scenario assumes previous infection provides greater protection against reinfection and severe disease, consistent with emerging international evidence. It also incorporates updated data and future projections of uptake of second boosters, and an earlier transition to BA.5, consistent with the timing of cases and hospitalisations in New Zealand.

700 Daily cases per 100,000 population (7 day rolling average) 600 500 400 300 200 100 0 09 23 06 20 06 20 03 17 01 15 29 12 26 10 04 Feb Mar Jan Apr May Jun Jul Aug Sep 2022 7 days ending Region Northern Te Waipounamu Te Manawa Taki Central

Figure 3: Regional reported case rates from January to 25 September 2022

Source: NCTS/EpiSurv as at 2359hrs 25 September 2022

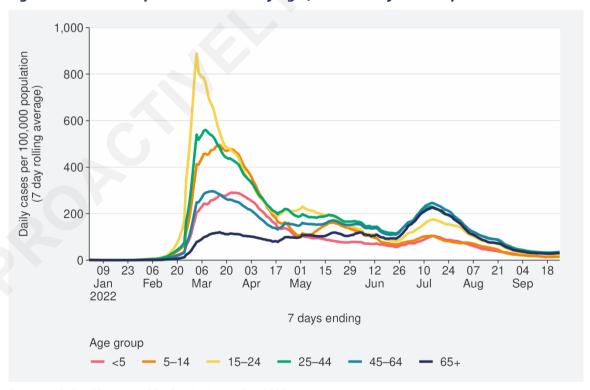


Figure 4: National reported case rates by age from January to 25 September 2022

Source: NCTS/EpiSurv as at 2359hrs 25 September 2022

# Hospitalisation and mortality trends

### Hospitalisation

As seen in **Figure 5**, the national COVID-19 hospital admissions rate "for" COVID-19 has been decreasing since mid-July, to a 7-day rolling average of 0.6 per 100,000 of population for the week ending 18 September.<sup>5</sup> Despite case rates in the most recent July peak being half that of in the March peak (201.2 and 413.2 per 100,000, respectively), the hospitalisation rate in the July peak was only slightly lower than that in March. This can be explained by the strong association between age and poor outcomes after infection. The reported case rates in those aged >65 years peaked 75% higher in July than in March (refer back to

**Figure 4**). Modelling scenarios suggest that current hospital occupancy is tracking near the higher range of the prediction and is expected to remain stable or slightly increase in the coming months (see **Figure 6**).

3.0 per 100,000 population (7 day rolling average) 2.5 Daily admissions for COVID-19 2.0 1.5 1.0 0.5 09 23 06 03 01 15 12 10 07 04 06 Jan Feb Mar Apr May Jun Jul Aug Sep 2022 Admission date (7 days ending)

Figure 5: National hospital admissions rate for COVID-19, February to 18 September 2022

Source: NMDS/Inpatient's admissions feed as of 20 September 2022 data up to 18 September 2022

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<sup>&</sup>lt;sup>5</sup>New hospital admissions who had COVID-19 at the time of admission or while in hospital; excluding hospitalisations that were admitted and discharged within 24hrs. The 'For' measure excludes those who are identified as incidental with COVID-19, such as injuries. Recent trends are subject to revision. Please see glossary for further caveats.

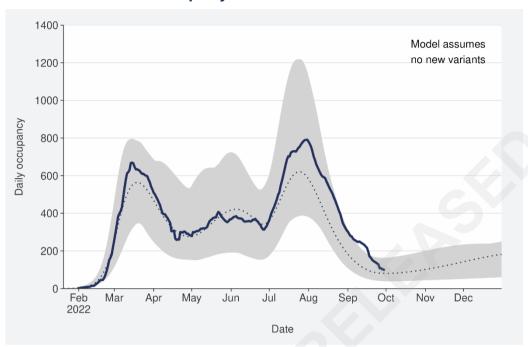


Figure 6: COVID-19 Modelling Aotearoa hospital occupancy<sup>6</sup> scenario<sup>7</sup> compared with national observed occupancy

Sources: COVID-19 Modelling Aotearoa, ordinary differential equation model, September 2022, and Ministry of Health reported hospital occupancy data 25 September 2022

### Mortality

From the first week of January to 25 September 2022, there were 2,974 deaths among people who died within 28 days of being reported as a case and/or with the cause being attributable to COVID-19 (that is an underlying or contributory cause) (see **Figure 7**)<sup>8</sup>.

Of these deaths in 2022 that have been formally coded by cause of death, 1,246 (47%) were determined to have COVID-19 as the main underlying cause. COVID-19 contributed to a further 733 (28%) deaths and another 669 (25%) people died of an unrelated cause (**Figure 7**). Deaths have been declining after peaking in the last week of July, when just over 150 people died with COVID-19 as their underlying or a contributing cause. As seen with hospitalisations, due to the strong association of increasing age and increasing mortality risk, the patterns in mortality over time strongly reflect the case rates in those aged >65 years.

Deaths are currently tracking below the lower range of the modelled scenario and are predicted to slightly increase in the coming months (see **Figure 8**).

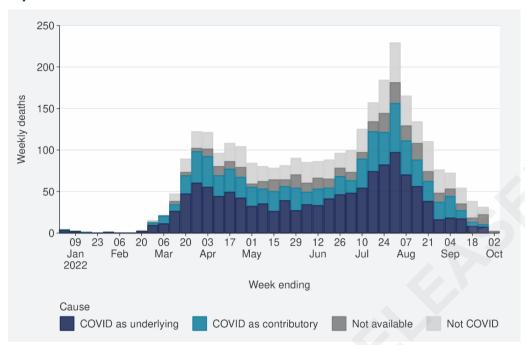
<sup>&</sup>lt;sup>8</sup> There were 55 deaths before the first week of 2022.



<sup>&</sup>lt;sup>6</sup> These data are for all hospitalisations with COVID-19, including those that were incidental, such as injuries.

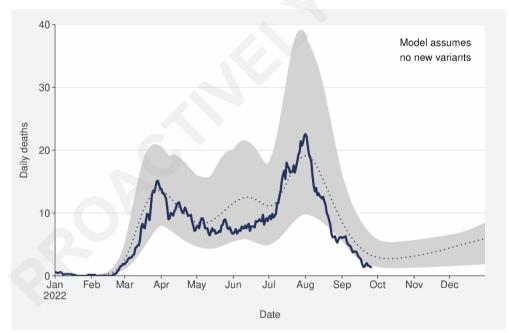
<sup>&</sup>lt;sup>7</sup> The 'July' scenario assumes previous infection provides greater protection against reinfection and severe disease, consistent with emerging international evidence. It also incorporates updated data and future projections of uptake of second boosters, and an earlier transition to BA.5, consistent with the timing of cases and hospitalisations in New Zealand

Figure 7: National weekly death counts by cause of death<sup>9</sup>, February to 25 September 2022



Source: Ministry of Health.

Figure 8: COVID-19 Modelling Aotearoa death count compared with national observed deaths attributed to COVID-19



Sources: COVID-19 Modelling Aotearoa, ordinary differential equation model, September 2022, and Ministry of Health reported attributed deaths data 25 September 2022

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<sup>&</sup>lt;sup>9</sup> Mortality data are affected by a delay due to time taken for reporting and death coding, the most recent weeks should be interpreted with caution.

### **Whole Genomic Sequencing**

### Community cases and wastewater

Whole Genomic Sequencing data is updated on a fortnightly basis, and has not been updated this week.

**Figure 9** shows the proportions of variants in community cases have remained similar since late August, with BA.5 making up 91% of sequenced cases in the week to 16 September. Similar patterns have been seen in wastewater: BA.4/5 was also detected at all wastewater sites (14 of 20 sites were 100% BA.4/5) in the two weeks ending 18 September.

In the two weeks to 16 September, BA.4.6, BA.4 and BA.2 made up 3%, 3% and 2% of samples, respectively; Omicron sub-variant BA.2.75 (including BA.2.75.2) was also detected in community samples at a lower level and is likely spreading within the community. Additionally, BA.4.6 will likely increase as a proportion of cases, but its ability to compete against the dominant BA.5 variant is currently unknown.

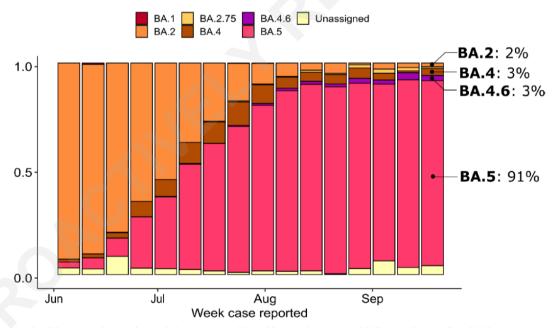


Figure 9: Proportion of Variants of Concern in community cases

Source: ESR COVID-19 Genomics Insights Report #23, EpiSurv/Microreact 0900hrs 17 September 2022

### Hospitalised cases

Of 81 successful sequences of COVID-19 positive hospital cases in the two weeks to 16 September 2022, 87% were BA.5, 7% were BA.4 (including BA.4.6), 2% were BA.2.75, and 2% were BA.2.



### Reinfection

'Reinfection' is now defined as a case reported at least 29 days after the last time a person reported a positive test for COVID-19. The definition of reinfection changed on 30 June; prior to this, reinfection was based on reports at least 90 days apart (based on the international literature at the time). Up until 30 June 2022, the vast majority of positive results that were detected within 90 days of the prior infection were not recorded in the system; some potential reinfections within 90 days were recorded but were not representative of the general population.

'Reinfection' in general refers to a second or subsequent infection, after the prior infection has cleared. In this analysis, we are not able to distinguish between reinfection with the same variant or different variants. Reinfection with a different variant to the first infection is more likely than reinfection with the same variant. Technically these data report on 'redetections' rather than true reinfections. True 'reinfections' cannot be definitively captured in the data for a range of reasons. For example, a person with persistent infection due to being immunocompromised who undergoes repeated testing due to regular hospital or clinical visits, would appear in the data as a 'reinfection' when in reality, they may be a chronic or persistent infection.

**Figure 10** characterises the average number of cases per week by first infection and reinfection. Reinfections made up 11% of reported cases in the week ending 25 September. **Figure 11** shows how many first infections and reinfections have been reported cumulatively over time. Cumulatively, reinfections have made up 2.1% of total cases reported in 2022. The proportion of cases that are reinfections is expected to increase over time. The true number of reinfections is likely higher than reported here. In general, reporting of cases is expected to decline over time. Due to underascertainment of the first infection and subsequent infections, and as both are required to detect a reinfection, there is likely to be under-reporting of reinfections.



25,000 20,000 Daily cases (7 day rolling average) 15,000 10,000 5,000 09 Jan 2022

May

Apr

10 Jul

Aug

Sep

Figure 10: Reinfections 7 day rolling average from 01 January to 25 September 2022

Source: NCTS/EpiSurv as at 2359hrs 25 September 2022

First infection

23

Infection status Reinfection

Feb

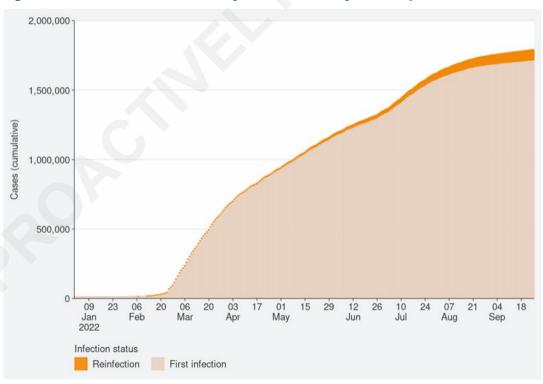


Figure 11: Reinfections cumulatively from 01 January to 25 September 2022

Source: NCTS/EpiSurv as at 2359hrs 25 September 2022

## Comparison of epidemic trends by ethnicity

The age-standardised reported case rates have remained relatively stable for all ethnicities (see **Figure 12**); with all ethnicities having a similar rate between 19 and 31 per 100,000 population. However, the cumulative total for the year shows that Māori and Pacific peoples have overall had a slightly higher risk of being reported as a case.

**Figure 13** and **Figure 14** shows that the age standardised rates for hospitalisation for COVID-19 are also declining for all ethnicities, but unlike the pattern in cases, Māori had the highest hospitalisation rate in the week ending 18 September, approximately 2-fold higher than European and Other. This has been a relatively consistent pattern across the year. The cumulative total for the year shows that overall Pacific peoples and Māori have had the highest risks of hospitalisation for COVID-19 – 2.8 and 2.1 times the risk of European and Other, respectively. Asian people have had a hospitalisation rate approximately 10% lower than European and Other.

The cumulative age standardised mortality rate for 1 January to 18 September shows that Pacific peoples have had the highest risk, 2.5 times that of European and Other, followed by Māori at 2 times that of European and Other. Asian people have had the lowest risk of Mortality, 35% lower than European and Other (see **Figure 15**).

The lower reported case rates and higher hospitalisation and death rates for Māori and Pacific peoples suggests they may have lower levels of case ascertainment and/or a higher risk of poor outcomes after infection compared with Asian and European and Other ethnicities.



Daily age-adjusted cases per 100,000 population (7 day rolling average) 1,500 -1,000 500 09 23 06 20 06 20 03 17 01 15 29 12 26 10 24 07 21 04 Mar Jan Feb Apr May Jun Jul Aug Sep 2022 7 days ending Ethnicity

Asian

European or Other

Figure 12: National age-standardised reported case rates by ethnicity from January to 25 September 2022

Source: NCTS/EpiSurv as at 2359hrs 25 September 2022

Pacific Peoples

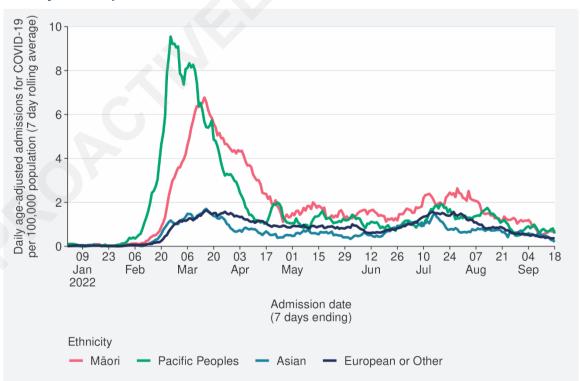
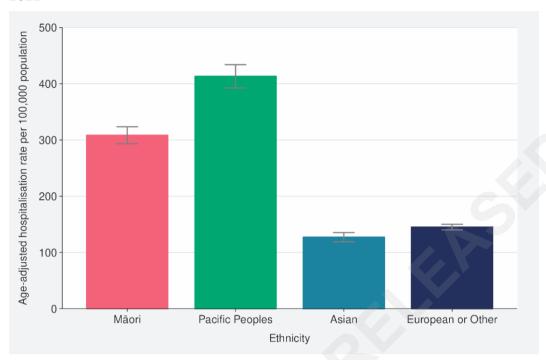


Figure 13: National age-standardised hospitalisation rates by ethnicity from January to 18 September 2022

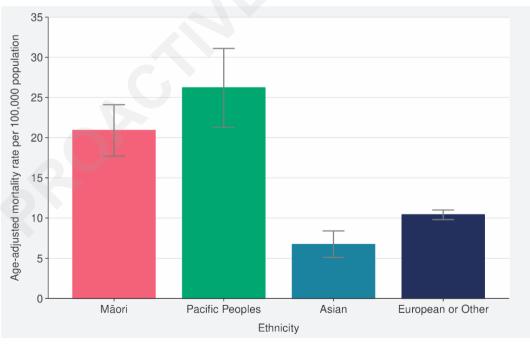
Source: NCTS/EpiSurv as at 2359hrs 18 September 2022

Figure 14: Age-standardised cumulative incidence (and 95% confidence intervals) of hospitalisation for COVID-19 by ethnicity, 01 January 2022 to 18 September 2022



Source: NCTS/EpiSurv, NMDS, Inpatient Admissions dataset and CVIP population estimates, 01 January 2022 to 18 September 2022

Figure 15: Age-standardised cumulative incidence (and 95% confidence intervals) of mortality attributed to COVID-19 by ethnicity, 01 January 2022 to 18 September 2022



Source: NCTS/EpiSurv, NMDS, Inpatient Admissions dataset and CVIP population estimates, 01 January 2022 to 18 September 2022

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## Comparison of epidemic trends by deprivation

**Figure 16** shows the 7-day rolling average for reported case rates by residential area deprivation level (based on NZDep2018). Rates for all deprivation levels slightly increased in the week ending 25 September; rates in the past week were slightly higher in areas of least and mid-range deprivation, the differences were more substantial during July where those most-deprived had the lowest rate. Prior to May, case rates in those most deprived were higher than the mid-range and least deprived groups.

However, **Figure 17** and **Figure 18** show that those most deprived have had and continue to have the highest rates of hospitalisation, both recently and cumulatively during 2022. Those most deprived have had 2.1 times the risk of hospitalisation compared with those who are least deprived.

Cumulative rates of mortality are also highest for those most deprived (Figure 19).

As lower case rates have been reported among those most deprived, their continued higher hospitalisation and death rates suggest those who are most deprived may have lower levels of case ascertainment and/or a higher risk of poor outcomes after infection compared with those who are least deprived.

Atkinson J, Salmond C, Crampton P (2019). NZDep2018 Index of Deprivation, Final Research Report, December 2020. Wellington: University of Otago



17

Daily age-adjusted cases per 100,000 population (7 day rolling average) 700 600 500 400 300 200 100 0 09 23 06 20 06 20 03 17 15 29 12 26 10 18 Feb Jan Mar Apr May Jun Jul Aug Sep 2022 7 days ending Deprivation

Figure 16: National age-standardised reported case rates by deprivation status for weeks 01 January – 25 September 2022

Source: NCTS/EpiSurv as at 2359hrs 25 September 2022

Least deprived

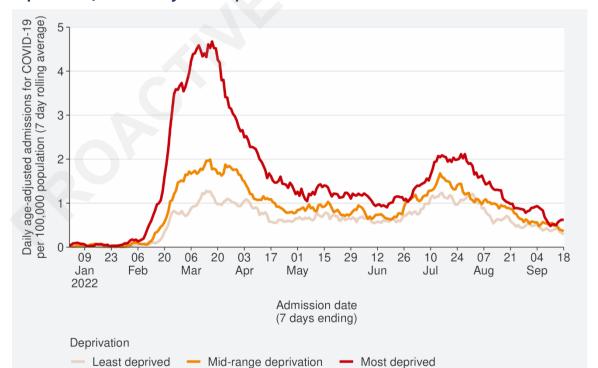


Figure 17: Age-standardised hospital admission rates for COVID-19 by deprivation from January to 18 September 2022

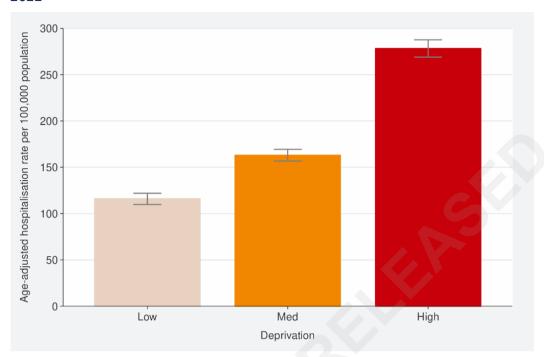
Mid-range deprivation

Most deprived

Source: NMDS/Inpatients admissions feed as of 20 September 2022 data up to 18 September 2022

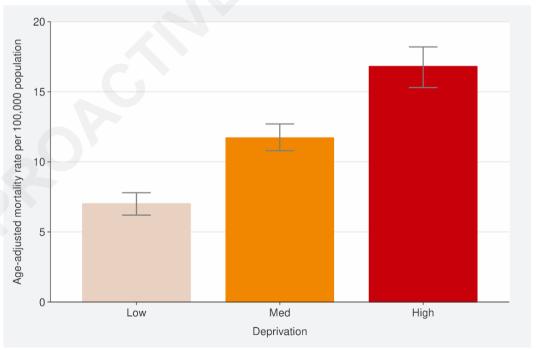
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Figure 18: Age-standardised cumulative incidence (and 95% confidence intervals) of hospitalisation for COVID-19 by deprivation, 01 January 2022 to 18 September 2022



Source: NCTS/EpiSurv, NMDS, Inpatient Admissions dataset and CVIP population estimates 01 January 2022 to 18 September 2022

Figure 19: Age-standardised cumulative incidence (and 95% confidence intervals) of mortality attributed to COVID-19 by deprivation, 01 January 2022 to 18 September 2022



Source: EpiSurv, Death Documents, The Healthcare User database, Mortality Collections database and CVIP population estimates, 01 January 2020 to 18 September 2022

# Global pandemic summary

We expect the global situation for the COVID-19 pandemic in the next few months to be driven by the ongoing emergence of new variants, waning immunity and the northern hemisphere heading towards the winter season.

- Globally, in the week ending 25 September, the number of new weekly cases decreased by 11% as compared to the previous week, with over 3.0 million new cases reported.
- The number of new weekly deaths decreased by 18% compared to the previous week, with over 8,900 fatalities reported.
- Globally, as of 25 September 2022, over 612 million confirmed cases and over 6.5 million deaths have been reported.
- There continues to be increased diversity within Omicron and within its descendent lineages. A number of these descendant lineages are under monitoring.
- BA.2 descendent lineages (including BA.2.75) still shows a relatively low (2.9% as of 11 September) prevalence globally.
- BA.5 Omicron descendent lineages continue to be dominant globally, with an increase in weekly prevalence from 76.6% to 81.2%.
- Decreases in countries frequency of submitting COVID-19 genomes to GISAID, make detecting accurate international representations of variant prevalence difficult.

Sources: World Health Organisation: Weekly epidemiological update on COVID-19 - 21 September 2022

Please note, global trends in cases and deaths should be interpreted with caution as several countries have been progressively changing COVID-19 testing strategies, resulting in lower overall numbers of tests performed and consequently lower numbers of cases detected.



### **Appendix: Table of summary statistics**

Table 1: Reported 7-day rolling average of case rates and hospital admissions, by region, age group, ethnicity and deprivation

	Reported Cases (7-day rolling average)					Hospital admissions (7-day rolling average)				
	Week ending 18/09/2022		Week ending 25/09/2022			Week ending 11/09/2022		Week ending 18/09/2022		
	Number	Rate (per 100,000 population)	Number	Rate (per 100,000 population)	% Change	Number	Rate (per 100,000 population)	Number	Rate (per 100,000 population)	% Change
National	1337.1	26.9	1397.6	28.1	4.5%	32.0	0.9	23.7	0.6	-25.9%
Region										
Northern	600.3	31.6	605.4	31.9	0.9%	13.1	0.7	7.3	0.4	-44.6%
Te Manawa Taki	258.0	26.6	264.9	27.3	2.7%	5.4	1.3	4.1	1.0	-23.7%
Central	221.6	23.6	250.4	26.7	13.0%	4.4	0.9	3.7	0.8	-16.1%
Te Waipounamu	256.1	22.4	275.6	24.1	7.6%	9.0	1.0	8.6	0.9	-4.8%
Age group										
<5	43.0	13.6	48.9	15.5	13.6%	1.1	0.5	1.0	0.4	-12.5%
5-14	97.9	14.5	96.3	14.3	-1.6%	0.9	0.2	0.7	0.1	-16.7%
15-24	166.9	26.9	152.3	24.6	-8.7%	0.1	-	1.0	0.2	600.0%
25-44	443.6	32.9	460.4	34.1	3.8%	2.0	0.2	1.9	0.2	-7.1%

45-64	371.7	29.8	405.9	32.5	9.2%	5.0	0.5	5.7	0.6	14.3%
65+	214.1	28.1	233.9	30.7	9.2%	22.9	4.3	13.4	2.5	-41.3%
Ethnicity										
Māori	147.3	19.3	159.7	20.9	8.4%	2.1	0.4	3.6	0.7	66.7%
Pacific peoples	75.7	20.7	71.6	19.5	-5.5%	2.7	0.8	2.0	0.6	-26.3%
Asian	253.3	34.5	246.9	33.7	-2.5%	3.6	0.5	1.6	0.2	-56.0%
European or	847.7	27.5	910.1	29.5	7.4%	23.4	1.1	16.4	0.7	-29.9%
Other										
Deprivation										
Least deprived	418.7	29.1	448.6	31.2	7.1%	7.9	0.7	5.7	0.5	-27.3%
Mid-range	538.4	28.4	561.4	29.6	4.3%	14.0	1.0	8.3	0.6	-40.8%
deprivation										
Most deprived	353.6	23.7	362.1	24.3	2.4%	9.3	0.9	8.9	0.8	-4.6%



# End of report intended for public distribution

Included below will be the remaining information from the standard Trends and Insights Report intended for internal distribution only.

The Border Arrivals section will not be included within this report for the foreseeable future due to a change in the legal framework last week, making the data inaccessible to our team.

Healthcare workers have also been removed from the report.

The glossary and data limitations have been moved to the website.

#### Māori Provider Survey

The Māori Health Directorate conduct a fortnightly provider survey. Highlights from the 8 September to 21 September survey are presented below. **Figure 20** are results from a survey that 18 Māori Health Providers answered (response rate of 9.2 percent of invited providers). The areas of concern were related to the impact of winter illness, staff availability and wellbeing, the impact of COVID-19 and long COVID in the community. The areas of least concern were supplies of PPE, Testing, and vaccines.

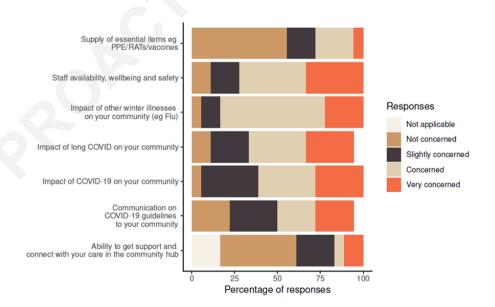


Figure 20: Percentage of responses for areas of concern

Source: The Māori Health Directorate, survey from 8 September to 21 September

**Figure 21** shows the area of future health and social support need. The majority of respondents highlighted the need for targeted immunisations programs for Māori. Other key areas of importance were the impact of COVID-19 outbreak on other essential services and the impact of Long COVID.

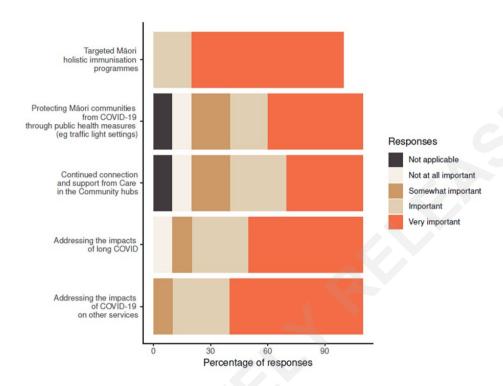


Figure 21: Future health and social support need

Source: The Māori Health Directorate, Survey from 8 September to 21 September

#### **Key Quotes from September Māori Health Providers Survey**

"The true impact of COVID-19 is very hard to determine especially when whānau don't test and shrug it off as "nothing serious" or do test positive and don't report it. In many cases, the flu seems to have more of an impact on individuals"

"We are the care in the community hub. The concern is REACH responding to our community when we have been clear that [District] will look after the wellbeing of its own community. Vulnerable whānau are being missed especially those that are aged and or have underlying health conditions. This is not picked up by the national COVID response team. Cases are closed with very limited information. Not good enough"

"Supporting COVID welfare needs, whānau have no leave, whānau cannot afford 7 days kai when isolating- whānau stress and distress has grown, family harm, mental health and addiction presentations in the community has significantly grown- chronic care needs and Koeke isolation (with less whānau available to provide transport and advocacy for specialist appointments), prioritised elective surgeries for Māori whānau as more likely to have complex unmet health needs and more likely to be the sole breadwinner in a whānau and without hip or knee

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replacement, this is impacting on whole of whānau financial stress. Prioritise cancer screening locally for Māori as not happening"

"COVID impact on community and the health sector will be felt for a long period, whānau have neglected their other health issues and anxiety and stress have risen, mental health has increased, the cost of living has increased which has also put extra pressure on whānau to navigate health or feed the whānau. Whānau are looking at the holistic approach"

"Supporting whānau who are struggling with getting into doctors Supporting Kai needs Supporting a very tired workforce who are still cycling through illness and absences - for some reason we are seeing an increase in kamahi illnesses We think it's a symptom of burn out - Māori health provider."



# International and scientific insights

Please note, global trends in cases and deaths should be interpreted with caution as several countries have been progressively changing COVID-19 testing strategies, resulting in lower overall numbers of tests performed and consequently lower numbers of cases detected.

Overseas waves and the likely impacts of new variants, policy changes, notifiable disease and waning immunity

### Global

- Globally, in the week ending 25 September, the number of new weekly cases decreased by 11% as compared to the previous week, with over 3.0 million new cases reported.
- The number of new weekly deaths decreased by 18% compared to the previous week, with over 8,900 fatalities reported.
- Globally, as of 25 September 2022, over 612 million confirmed cases and over 6.5 million deaths have been reported.
- At the regional level, the number of newly reported weekly cases decreased or remained stable across all six regions: the African Region (-33%), the Western Pacific Region (-19%), the Region of the Americas (-15%), South-East Asia Region (-11%), the Eastern Mediterranean Region (-8%) and the European Region (-1%).
- The number of new weekly deaths also decreased or remained stable across all six regions: the African Region (-34%), the Eastern Mediterranean Region (-26%), the European Region (-26%), the Western Pacific Region (-16%), the Region of the Americas (-12%) and the South-East Asia Region (-3%).
- Globally, from 26 August to 26 September 2022, 106,735 SARS-CoV-2 sequences were shared through GISAID. Among these, 106,686 sequences were the Omicron variant of concern (VOC), accounting for 99.9% of sequences reported globally in the past 30 days.
- There continues to be increased diversity within Omicron and within its descendent lineages. A Number of these descendant lineages are under monitoring.
- BA.2 descendent lineages (including BA.2.75) still shows a relatively low (2.9% as of 11 September) prevalence globally.
- Unassigned sequenced, presumed to be Omicron, account for 7.8% of sequences submitted to GISAID.
- BA.5 Omicron descendent lineages continue to be dominant globally, with an increase in weekly prevalence from 76.6% to 81.2%.

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Decreases in countries frequency of submitting COVID-19 genomes to GISAID,
 make detecting accurate international representations of variant prevalence difficult.

Sources: World Health Organisation: Weekly epidemiological update on COVID-19 - 21 September 2022

### Australia

- In the 14 days up to 19 September 2022, there were 388 new cases per 100,000 population. This is a decrease from the week prior (14 days up to 13 September 2022) where there were 469 per 100,000 population.
- Most states and territories saw decreases in rates of new cases compared to the previous week.
- Cases in Aboriginal and Torres Strait Islanders continue to steadily decrease after increasing up to early August.
- As at 19 September 2022, there are 1,808 current cases in hospital with 58 in ICU.
  This is a decrease from when last reported (13 September 2022) where there were
  2,105 hospitalised cases. The majority of these cases were in New South Wales
  (1,215), Queensland (148) and Victoria (136) All three states continue to steadily
  decrease with regards to hospitalised cases.
- Of all cause of death, from 01 January 2020 to 21 February 2022, the cumulative of excess mortality<sup>11</sup> in Australia was 7,662. Australia observed a decrease in excess deaths of 1% in 2020, an increase of 3% in 2021 and an increase of 23% in 2022 as of 21 February 2022.

Sources: Australian Government: Coronavirus (COVID-19) common operating picture / Australian Bureau of Statistics, Australian Bureau of Statistics

### **England**

- Between 11 September 2022 and 17 September 2022 in England, 28,167 people had a confirmed positive test result. This shows an increase of 12.7% compared to the previous 7 days.
- Between 06 September 2022 and 13 September 2022 in England, there have been 388,775 tests. This shows a decrease of 13% compared to the previous 7 days.
- Between 10 September 2022 and 17 September 2022, there have been 289 deaths within 28 days of a positive COVID-19 test. This shows a decrease of 24% compared to the previous 7 days.
- In the week up until and including 12 September, there were 4,015 COVID-19-related admissions to hospital, an increase of 17% compared to the week prior.
- In the week up to and including 21 September, 8,572 received a first dose vaccine, 17,710 received a second dose and 21,822 received a booster or third dose.

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<sup>&</sup>lt;sup>11</sup> Including deaths with COVID-19 and without COVID-19

• Of all cause of deaths, from 01 January 2020 to 19 August 2022, the cumulative of excess mortality<sup>12</sup> in England was 241,084. England observed an increase in excess deaths of 19.6% over the period of 2020; an increase of 9.7% in 2021 and an increase of 1.4% in 2022 as of 19 August 2022.

Sources: Coronavirus (COVID-19) Data: UK / GOV.UK / Office for Health Improvement and Disparities

### Japan

- Japan's number of new cases is one of the highest with a 7-day rolling average of 54,870 as at 27 September. Infections have been decreasing since late August.
- Deaths have decreased constant with a 7-day rolling average of 87.3 deaths as of 27 September, compared to the previous week, at 135 deaths.

Sources: Our World in Data: Japan

### South Korea

- Following a peak in late March 2022, South Korea experienced a secondary wave, peaking in late August. This secondary wave appeared to be declining but as of this week, cases and deaths appear to have plateaued.
- The 7-day rolling average for confirmed cases is 29,545 as of 27 September, steady decreased from 57,690 as of 20 September.
- The 7-day rolling average for confirmed deaths is 52.6 per day as of 27 September, an increase from last week at 59.6.
- The government lifted all outdoor mask mandates from 26 September.

Sources: Our World in Data: South Korea

# Primary evidence on effectiveness of public health and outbreak control measures

This section outlines some of the available literature about the effectiveness of public health and outbreak control measures. It is not intended to be a systematic review of all available evidence, but to provide an overview of available evidence.

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<sup>&</sup>lt;sup>12</sup> Including deaths with COVID-19 as the underlying cause and death with specific disease as the underlying cause

### **Outbreak Management**

- An investigation on concordance of testing results self-collected swabs versus
  those done by a healthcare worker found that self-collection school-aged
  children and adolescents, following simple instructions, demonstrated high
  agreement with results following collection by health care workers.
- A behavioural study from New Zealand looking at the impact of Compliance
  with COVID-19 measures found that it is important to look at the strength of
  individuals' motivation and their beliefs about the advantages and disadvantages of
  policy outcomes and policy measures. They found this differentiation was useful in
  predicting an individual's possible behavioural responses to a measure.
- A review of Taiwan's mitigation and containment strategy found that nonpharmaceutical interventions, including public masking and social distancing,
  coupled with early and aggressive identification, isolation, and contact tracing to
  inhibit local transmission were optimal policies for public health management of
  COVID-19 and future emerging infectious diseases.
- A study on behavioural decisions and risk perception through monitoring the flows of information from both physical contact and social communication found that maintaining focus on awareness of risk among each individual's physical contacts promotes the greatest reduction in disease spread, but only when an individual is aware of the symptoms of a non-trivial proportion of their physical contacts.
- A commentary in the Lancet on face masks suggests that mass masking would be of particular importance for the protection of essential workers who cannot stay at home. As people return to work, mass masking might help to reduce a likely increase in transmission.
- A research article on the efficacy of non-pharmaceutical interventions for COVID-19 in Europe found that the population prevention and control measures implemented by the government had an impact on the change in the reproduction rate. Furthermore, that most effective factors in individual level prevention were a reduction of mobility/mixing.
- A survey of COVID-19 in public transportation looking at the risk of transmission
  and the impact of mitigation measures found that social distancing, density limits,
  masking and improving ventilation were effective at reducing the risk of
  transmission. Reff (effective reproduction rate) decreased by 20% after the
  introduction of targeted testing and by 18% after extension of face-mask rules,
  reducing Reff to 0.9 and suppressing the outbreak.
- An evidence brief on the properties of the Omicron variants and how it affects
  public health measures effectiveness found that the effects of early isolation,
  adult-focused reduction of interpersonal contact, and vaccination have different
  sites of action in infection spread dynamics and their combination can work
  synergistically.
- A Canadian wastewater research paper has noted that the lack of a quantitative framework to assess and interpret the wastewater data generated has been a major hurdle in translating wastewater data into public health action.



 An observational study on the impact of contact tracing and testing on controlling COVID-19 without lockdown in Hong Kong.

### **Economic, Social and Health Impacts**

- A research article on COVID-19 testing and mortality outcomes between countries found that countries that developed stronger COVID-19 testing capacity at early timepoints, as measured by tests administered per case identified, experienced a slower increase of deaths per capita.
- A preprint study has noted that reinfections of COVID-19 are associated with an increase of risk of all-cause mortality, hospitalisation, and adverse health outcomes.
- A population study using a surveillance dataset that records all results of SARS-CoV-2 tests in France found a positive social gradient between deprivation and the risk of testing positive for SARS-CoV-2.
- An evaluation of COVID-19 policies in 50 different countries and territories considers both pharmaceutical and non-pharmaceutical interventions and assesses a jurisdiction's success at containing COVID-19 both prior to and after vaccination.
- Systematic review of economic evaluations of COVID-19 interventions
- A cross-sectional study comparing OECD countries in evaluating economic outcomes found that non-pharmaceutical interventions effectively contained the outbreaks and had positive impacts in lowering unemployment rates.
- A research article on the disease-economy trade-offs under different epidemic control strategies found that using targeted isolation would result in the best outcome for minimising both the risk of an epidemic and the economic downturn which accompanies (an epidemic).

### Modelling

- A modelling study look at preventing a cluster from becoming a new wave in settings with zero community COVID-19 cases found that individual restriction or control strategy reduces the risk of an outbreak. They can be traded off against each other, but if too many are removed there is a danger of accumulating an unsafe level of risk. This has a particular impact on increasing downstream risks with increasing international travel.
- A modelling study looking at the impact of non-pharmaceutical interventions on controlling COVID-19 outbreak without lockdowns in Hong Kong found that delays in implementing control measures had significant impact on disease transmission.
- A mathematical modelling study assessing the impact of public compliance on non-pharmaceutical interventions with a cost-effectiveness analysis.

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- A modelling study points to the role of super-spreader events in the contribution of novel variant predominance from a public health perspective, the results give weight to the need to focus NPIs on preventing large super-spreader events (10 or 20 secondary infections from single infected individual).
- **A preprint study** on social gatherings and transmission found that small gatherings, due to their frequency, can be important contributors to transmission dynamics.

