

2 May 2022

s 9(2)(a)

By email: s 9(2)(a)
Ref: H202203764

Tēnā koe s 9(2)(a)

Response to your request for official information

Thank you for your request under the Official Information Act 1982 (the Act) to the Ministry of Health (the Ministry) on 10 March 2022 for:

“The measures being taken by the MOH in order to provide wellbeing support or classes to MOH staff members in the past 2 years. Please provide information any information relating to wellbeing for the senior leadership team separately.

- A cost breakdown of any wellbeing support measures or classes provided to MOH staff.
- Details of any courses in wellbeing or leadership that have been provided for the senior leadership team including costs.”

Over the past two years the Ministry has provided its staff with wellbeing support to achieve the vision of a workplace where people are protected from harm and feel empowered to contribute to better health, safety and wellbeing outcomes for themselves and others.

Please find the information you have requested in the tables below.

Table One provides a breakdown of the wellbeing workshops provided to Ministry staff over the past two years.

Table One: Wellbeing Workshops for Ministry staff

| Workshop | Timeframe | Audience | Provider | Provider cost (excl GST) |
|---|------------------|-------------------------------------|--------------------------------|--------------------------|
| Series of Webinars: 1. Remote Doesn't Need to Mean Remote 2. Leading in Uncertainty 3. Calm the Farm | April 2020 | Ministry employees | Digby Scott Gillian Brookes | \$9,200.00 |
| Psychological First Aid (three workshops) | May to June 2020 | Health and Safety Reps and Managers | New Zealand Red Cross | \$2,913.04 |

| Workshop | Timeframe | Audience | Provider | Provider cost (excl GST) |
|--|--|-------------------------|---|---------------------------------|
| Wellbeing workshop at online people leader's forum | August 2020 | Ministry people leaders | John Kirwan, Dr Fiona Crichton and Amie Gray Mentemia | N/A |
| Mental Health Awareness Week all-staff seminar | September 2020 | Ministry employees | Sarb Johal | N/A |
| Mental Health Awareness Week all-staff seminar | September 2020 | Ministry employees | John Kirwan, Dr Fiona Crichton Mentemia | N/A |
| Practising Wellbeing in Uncertain Times Workshops | September 2020 November 2020 February 2021 | Ministry employees | Offered internally by Organisational Development and the Health, Safety and Wellbeing Teams | N/A |
| Resilience training (two workshops) | April 2021 | Ministry employees | Vitae (Ministry EAP provider) | \$ 3,450.00 |
| Updates to Supporting Wellbeing e-learning on the Leader Toolkit | June 2021 | Ministry people leaders | Inspire Group | \$ 440 |
| Principles of Suicide Prevention | June 2021 | Health and Safety Reps | Offered internally by the Suicide Prevention Office | N/A |
| Juggling work and home life during COVID-19 (two sessions) | August 2021 | Ministry employees | Blackbird Psychological Services | \$1,173.91 |
| Leading in Uncertainty online session | September 2021 | Auckland people leaders | Digby Scott | \$2,500.00 |

| Workshop | Timeframe | Audience | Provider | Provider cost (excl GST) |
|--|---------------------------|---|---|--------------------------|
| Mental Wellbeing – one hour at a time! Workshop for Mental Health Awareness Week | September 2021 | Ministry employees | Hosted internally by Health Women's Network | N/A |
| Psychological First Aid – Online Self-Paced Training | November to December 2021 | Ministry employees COVID-19 Vaccination and Immunisation Programme | St John New Zealand | \$5,086.96 |
| Kia tū, kia ora: Protecting your wellbeing during Omicron | March 2022 | Ministry employees | Offered internally by Health, Safety and Wellbeing Team | N/A |
| Ergonomics Mini-Seminar: Keeping well while working from home | February and March 2022 | Ministry employees | Offered internally by Health, Safety and Wellbeing Team | N/A |

Table Two outlines wellbeing and leadership workshops provided to the Ministry's Executive Leadership Team (ELT) over the past two years.

Table Two: Executive Leadership Team Wellbeing

| Workshop | Timeframe | Audience | Provider | Cost (ex GST) |
|---|----------------|----------|---|---------------|
| ELT half-day workshop: 1. Resurgent Planning 2. Reimagining Wellbeing | September 2020 | ELT | Facilitated internally by Organisational Development Team | N/A |
| ELT half day Workshop: Individual and Team Wellbeing | December 2020 | ELT | Facilitated by Digby Scott | \$4,500.00 |

In addition to the above, the Ministry has range of ongoing activities that support wellbeing. Regular email updates from the Director-General and the Deputy Director-General Corporate Services contain wellbeing messages and information on how to access our Employee Assistance Programme (EAP). We also have a wellbeing page on the intranet called the Hauora Hub which contains information on how to access our EAP programme and links to publically available or internally developed resources. We also have wellbeing e-learning and resources available for staff to access on our Learning Management System.

I trust this information fulfils your request. Under section 28(3) of the Act you have the right to ask the Ombudsman to review any decisions made under this request. The Ombudsman may be contacted by email at: info@ombudsman.parliament.nz or by calling 0800 802 602.

Please note that this response, with your personal details removed, may be published on the Ministry website at: www.health.govt.nz/about-ministry/information-releases/responses-official-information-act-requests

Nāku noa, nā



Celia Wellington
Deputy Director-General
Corporate Services